

Reinventing the Wheel...

Encouraging and Promoting Self-Reliant Living



Visit our new site at
www.QUADinc.org

What is QUAD Inc.?

- Accessible, affordable apartments for people living with physical disabilities and relying on a wheelchair.
- Unique, resident-directed, 24/7 attendant care.
- A bold move toward self-sufficiency and self-reliance.
- Services that you would want for yourself or your family if you became disabled.
- The singular option in Metro Portland for fully independent living.

"I'm thinking my way out of disability..."

All his life, Dr. Ryan Skelton has had unique thoughts and ideas about his own abilities. Born pre-mature and lacking sufficient oxygen for full brain development, Ryan, now 33, has limited muscle dexterity and counts on a wheelchair to get around.

Ryan constantly considers his relationships to people, things and ideas in the world around him, and he wonders what is true — and not true— about the scope of his abilities.



As a student living on campus and working toward a Ph.D. in psychology, Ryan was challenged by the inconsistencies of caregivers; one day he even found himself stuck in bed without help on the morning of a big exam.

Now living at Burnside Station Apartments, Ryan says "the advantage of QUAD Inc.'s shared attendant care means that when my plans fall through or the unexpected happens, my life isn't so dramatically affected."

"QUAD Inc.'s unique concept is liberating and humanizing, but it's not a silver bullet. This structure allows residents to make our own way, bad or good. Just like any other living situation in adult life, it takes some trial and error to live here."

Recently licensed as a psychologist, Ryan plans to use his advanced degrees and thinking to help others with different abilities to think differently too. "I'm motivated by knowing that I could make a difference in the life of someone else in a similar place."



QUAD Inc. does not discriminate in any of its programs based on race, gender, national origin, age, religion, sexual orientation, disability, or any other status or characteristic that is protected by law.

"Every task I need to do I think ahead on and organize my actions. The more things I can figure out how to do for myself, the more elements of my disability become irrelevant. Technology makes a lot of those things possible but right now, I still need help to get a shower, get dressed and prepare food."



QUAD Inc.'s "Wish List"... Just a Few Ways to Get Involved

With your help, we can improve the quality of life for residents by maintaining a well-trained staff, outfitting buildings with modern, accessible equipment, improve security and ensure that nonprofit QUAD Inc. will serve our community into the future and grow to help even more people with disabilities to live independently. Here are just a few ways to help us move forward:

- Volunteer a few hours to help residents with special projects like setting up or repairing their computer, organizing their apartment, shopping, running errands or just socializing.
- Occasionally, drop off a bag of groceries to a resident. Most residents live on less than \$675 per month.
- Share your hobby or passion with a resident... like painting, music, computers or sports.
- Help a resident organize his or her finances, pay bills or prepare taxes.
- Volunteer to help our staff and residents a few hours a week with simple tasks like meal preparation, laundry and housekeeping. Mornings, evenings and weekends are busy, the extra help is appreciated!
- Bring donuts or pizza to recognize and thank our hard-working staff.
- Help to develop a "booster" club focusing on improving each building with landscaping, painting, decorating or organizing events and trips to a ball game, the Zoo, the mall.
- Let us know if you are aware of a good building site for the next QUAD Inc. building.
- Contribute your expertise and time by joining a Board committee and possibly serve on our Board of Directors.
- Donate old, but still usable computers or furnishings to a resident.
- Donate a used car, boat or airplane to Volunteers of America in QUAD Inc.'s name.
- Donate services from your workplace for residents and staff... coupons, discounts and freebies are always appreciated and a great way to offer thanks and show appreciation.
- Encourage your co-workers to make a group contribution to QUAD Inc. and think of us if your company is considering a Community Service Day.
- Remember QUAD Inc. during the United Way Campaign or Combined Federal Campaign.
- Does your employer offer a Matching Gift Program that would double your personal gift to QUAD Inc.?
- Tell a friend or someone in a wheelchair about us. Help tell our story out in the community!



New carpet tiles in the Myers Court common areas looks great and are easy to replace and maintain. QUAD Inc. hopes to install similar tiles at Central Station Apartments in 2010.

Thanks for your generosity!



A Non-Profit 501(c)3 Organization

QUAD Inc. is grateful for support from our faithful donors and friends

Government contracts make QUAD Inc. operational, but a gap exists between tightly-regulated contract funding and the full costs of delivering high quality services. When support from our community is factored in, many positive and empowering things can happen!


- Allied Forest Products\Tom Mattson
- John E. Almquist
- Doug & Pamela Anderson
- The Autzen Foundation
- B.P., Lester and Regina John Foundation
- Charles & Norma Beek
- Allison Logan Belcher
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- Michelle Sheppard
- Bob & Kate Speckman
- United Way of Columbia-Willamette
- Wachovia Foundation
- Glenda Wade
- Tina Weber
- Ruth E. Willis

Donors from March 2009 to Present

*QUAD Inc. is committed to careful stewardship of your investment in people with disabilities.
Our IRS tax-exempt ID number is 93-0639118*

Interesting facts you may not know about QUAD Inc...

QUAD Inc. does a lot of good in the community with it's resources! Here are just a few of the things facts that make our model of community services unique:

- QUAD Inc. provides resident-directed 24/7 Shared Attendant Care for just \$3.57 per resident per hour... less than one-half of the cost of nursing home care!
 - QUAD Inc. has been rated as "superior" on HUD Management Occupancy Reviews... our public housing is of the highest quality!
 - There is no other nonprofit organization anywhere providing our unique combination of affordable, accessible housing and shared personal attendant care.
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- A decorative horizontal bar at the bottom of the page, composed of three overlapping colored rectangles: a teal one on the left, a lime green one in the middle, and an orange one on the right.

Reinventing the Wheel...



QUAD Inc. named one of Oregon's 100 Best Non-Profits to work for!

QUAD Inc. is excited to announce that **Oregon Business** magazine's survey of non-profit employees in Oregon brought attention to the great work happening at our facilities throughout metro Portland, and our employees say we're one of the best organizations to work for!

The **Top 100 Nonprofits List** highlights the organizations statewide that employees feel are great places to work. The list tracked statistics and survey results based on benefits, work environment, mission and other issues that are important to non-profit employees. QUAD Inc. has worked hard to invest in our employees and create workplaces where people feel supported.

QUAD Inc. wants to find and keep good employees who provide exemplary care for our residents. Some of the benefits we have been able to offer include comprehensive health and dental plans, life insurance, accidental death and disability, employee assistance and short term disability for all eligible employees.

We provide an employee-controlled retirement program that includes an employer match and 100% vesting within 30 days of receiving the employee contribution. Employees can also choose a variety of voluntary insurance plans that are affordable.

Read more about the Top 100 Non-Profits to work for in Oregon at **www.oregonbusiness.com**.



Quadriplegics United Against Dependency, Inc.
5125 SW Macadam Avenue, Suite 205
Portland, OR 97239

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