

## Reinventing the Wheel...



*Encouraging and Promoting Self-Reliant Living*

### Family Focused at Central Station Apartments

Find more info at  
[www.QUADinc.org](http://www.QUADinc.org)

#### What is QUAD Inc.?

- Accessible, affordable apartments for people living with physical disabilities and relying on a wheelchair.
- Unique, resident-directed, 24/7 attendant care.
- A bold move toward self-sufficiency and self-reliance.
- Services that you would want for yourself or your family if you became disabled.
- The singular option in Metro Portland for fully independent living.

**Help QUAD Inc. while searching the web!**



Roland Van Denderen returned from Texas to his home state of Oregon in 2003 because an apartment opened at Central Station Apartments. His name was at the top of the waiting list for an affordable, accessible apartment, along with a personal care model that he hopes would work well for him. Roland married Ruth shortly after moving into his new apartment near his family in Gresham. Roland was born with spina bifida, while Ruth struggles with injuries sustained in a car accident.

Roland and Ruth have been thinking a lot about how QUAD Inc.'s services are different and how these services have enabled them to embrace family life and move forward in the midst of life with physical challenges. Ruth was more mobile when they first married, and able to help Roland with many tasks, but her condition no longer allows her to get around on her own.

A former social worker, Ruth had to give up her career when it was apparent that she wouldn't be able to visit inaccessible client homes in a wheelchair.

"It's amazing how accessible everything is here in the community surrounding Central Station. We get the MAX right down the street, the grocery store around the corner and our doctor's office is right across the street." Still, issues like limited curb cuts and broken sidewalks present challenges, even in a neighborhood that makes accessibility a priority.

Ruth and Roland have learned from their own experience and from other residents about how to do things for themselves. "We've realized that we really are our own advocates in this system of care. If we want things done differently, we just need to take the time to explain exactly how we want them done. It's our household and with this type of care, we can be in charge. That has been very empowering for us."

The importance of living independently is often appreciated in the simplest ways. "When Roland's parents or sister visits, we can just enjoy their company, share stories or play cards. We count on the staff for tasks that we can't accomplish ourselves so we don't have to rely on family for help."





## Community Support is the Key

Government contracts make QUAD Inc. operational, but a gap exists between contracted funds and the full cost to manage and deliver the highest quality of services. Support from our community provides the difference and helps to maintain a stable, well-trained staff, outfitting buildings with modern equipment, technology, accessibility and security and ensures that QUAD Inc. will be serving our community well into the future. Donations also help prepare QUAD Inc. to build more affordable, accessible housing units with services for more people who need our help.

Residents of **Rolling Green Apartments** are realizing the benefits of increased accessibility as a result of funding from the **Safeway Foundation** to purchase upgraded refrigerators for the building. Hillsboro Safeway store employees present the big check to QUAD Inc, residents Lisa Miller and Doris Bailey, below.



## Honor Someone Special

Make a donation in honor of family members or friends a special birthday, wedding, anniversary or life and we'll send them a card to let them know. Remember the passing of people in your community with a gift to QUAD Inc. instead of flowers. Is there a better way to remember a special life than by helping others live with dignity and greater independence? Get more details at [www.quadinc.org](http://www.quadinc.org) or call 503.287.4260.

*Special thanks to our friends at **Performance Mobility** for their time, support and encouragement as QUAD Inc. grows!*

Donate  
your  
car!



Motorcycle,  
RV or Boat!

FREE TOWING - TAX DEDUCTION

**When you give a vehicle to QUAD Inc., everyone wins!**

You get a tax deduction, QUAD Inc. gets a donation, low income individuals get first choice of good cars!  
Call 503-287-4260 ext. 104 to donate

Program Administered by Volunteers of America Oregon Charity Connections

## Many thanks to our donors and friends!

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